Lesson Plan

Compost Stew An A to Z Recipe for the Earth by Mary McKenna Siddals

A recipe for making dark, crumbly, rich, earth-friendly compost

Objectives
- To help students identify an alternative to throwing away food that can be composted
- To specifically identify that food grows in the ground and can return to the ground

Outline

Introduction
Tell the students about yourself! Is there a fun story you have about gardening?

Before reading, ask the students what they had for breakfast/lunch. After they respond, ask them if they think it is compostable. Explain that the book you are going to read is about composting different food items.

Read Compost Stew
There are guided questions located in Food Literacy Suggested Questions

Activity
Veggie Prints or Crockpot Applesauce

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Post Food Literacy session