Lesson Plan

Apples by Jacqueline Farmer

Jacqueline Farmer takes young readers on a field trip to the apple orchard to find out how apple growers turn seeds and seedlings into the many different varieties of America’s favorite fruit. Recipes, trivia, and fun facts included.

Objectives

• To help students understand where their food comes from
• To specifically identify which foods a farmer grows from the ground
• To help identify the role of the farmer in the production of food

Outline

Introduction

Tell the students about yourself! Is there a fun story you have about gardening?

Before reading, ask the students what they had for breakfast/lunch. After they respond, ask them where that food came from. If they answer “from the grocery store,” ask where the store got it. Can anyone tell you? Explain that the book is about apples and how they grow from the ground.

Read Apples
There are guided questions located in Food Literacy Suggested Questions

Activity
There are two activities that go with Apples, Crockpot Applesauce or Fruit/Veggie Prints (pick one activity)

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Post Food Literacy session