Lesson Plan

Katie’s Cabbage by Katie Stagliano with Michelle H. Martin

This is an inspirational true story of how Katie, a third grader from Summerville, South Carolina, grew a forty-pound cabbage in her backyard and donated it to help feed 275 people at a local soup kitchen.

Objectives

• To help students understand where their food comes from
• To specifically identify which foods a farmer grows from the ground
• To help identify the role of the farmer in the production of food

Outline

Introduction

Tell the students about yourself! Is there a fun story you have about gardening?

Before reading, ask the students what they had for breakfast/lunch. After they respond, ask them where that food came from. If they answer “from the grocery store,” ask where the store got it. Can anyone tell you? Explain that the book you are going to read is about a girl who grew a giant cabbage, and donated the cabbage to hungry families.

Read Katie’s Cabbage

There are guided questions located in Food Literacy Suggested Questions

Activity

Veggie Prints

Bookmark

Post Food Literacy session