Lesson Plan

Milk From Cow to Carton by Aliki

The book takes readers on a guided tour that begins with grazing cows, and then through milking and a trip to the dairy, and ends with different foods that are made from milk.

Objectives

- To help students understand where their food comes from
- To specifically identify the production of milk; from cow to carton
- To help identify the role of the farmer in the production of food

Outline

Introduction

Tell the students about yourself! Is there a fun story you have about gardening?

Before reading, ask the students what they had for breakfast/lunch. After they respond, ask them if any of the food contains a dairy product. Explain that the book is about milk and how it comes from a cow and ends up in the carton.

Read Milk From Cow to Carton

There are guided questions located in Food Literacy Suggested Questions

Activity

Butter it up activity goes with the reading

Bookmark

Post Food Literacy session