Lesson Plan

Eat Rutabagas by Jerry Apps

A farmer is convinced that everyone loves rutabagas as much as he does, only if they are grown right. He and his son’s plant, grow, and sell their rutabaga harvest.

Objectives

• To help students understand where their food comes from
• To specifically identify which foods a farmer grows from the ground
• To help identify the role of the farmer in the production of food

Outline

Introduction

Tell the students about yourself! Is there a fun story you have about gardening?

Before reading, ask the students what they had for breakfast/lunch. After they respond, ask them where that food came from. If they answer “from the grocery store,” ask where the store got it. Can anyone tell you? Explain that the book is about how rutabagas grow from the ground.

Read Eat Rutabagas

There are guided questions located in Food Literacy Suggested Questions

Activity

Veggie Prints

Bookmark

Post Food Literacy session