## Week at a Glance

| Unit Number/Name: 94206001 - PLYMOUTH STATE UNIV. PROSPECT |
| Menu Date: 11/26/2017 - 11/30/2017 |

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<th>Sunday</th>
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<td>Snowshoe Cheese Pizza</td>
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<td>Cheese Pizza Slice</td>
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<td>Blueberries &amp; Cream Oatmeal</td>
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<td>Peach Compote Oatmeal</td>
<td>Cheesy Grits</td>
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<td>Hard Cooked Cage Free Egg</td>
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<td>Scrambled Eggs</td>
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<td>Herb Seasoned Breadsticks</td>
<td>Sausage Gravy &amp; Biscuit</td>
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<td>Vodka Sauce</td>
<td>Home Fried Potatoes</td>
<td>Garden Vegetable Scone</td>
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<td>Baked Ziti With Spicy Fennel Sausage</td>
<td>Sausage Links</td>
<td>French Toast</td>
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<td>Marinated Mushrooms</td>
<td>Breakfast Ham Steak</td>
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<td><strong>Salad Bar</strong></td>
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<td><strong>Mto - Bacon To Order</strong></td>
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<td>Salad Bar</td>
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<td><strong>International -Hot Cookie Station</strong></td>
<td><strong>Churchill Station</strong></td>
<td><strong>Bagel With Scrambled Egg Whites &amp; Bacon</strong></td>
<td><strong>Spinach, Tomato &amp; Egg Omelet Bar</strong></td>
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<td>Chocolate Chip Cookie</td>
<td><strong>Bakery - Seasonal Donuts</strong></td>
<td><strong>Breadsticks</strong></td>
<td><strong>Breadsticks</strong></td>
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<td><strong>Daily Dish</strong></td>
<td><strong>Low Fat Banana Muffins</strong></td>
<td><strong>Herb Seasoned</strong></td>
<td><strong>Herb Seasoned</strong></td>
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<td>Salad Bar</td>
<td>Chocolate Espresso Crumble Coffee Cake</td>
<td>Tomato Bits</td>
<td>Whole Wheat Penne</td>
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<td><strong>Peripherals</strong></td>
<td><strong>Miscellaneous/Peripheral s</strong></td>
<td><strong>Spaghetti Sauce With Garlic Butter</strong></td>
<td><strong>Herb Seasoned</strong></td>
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<td>Salads</td>
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<td><strong>Salad Bar</strong></td>
<td><strong>Pizza/Pasta</strong></td>
<td><strong>Rotini Pasta</strong></td>
<td><strong>Diablo Sauce</strong></td>
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<tr>
<td><strong>Chef'S Theme</strong></td>
<td><strong>Grill</strong></td>
<td><strong>Grilled Chicken With Bruschetta Topping</strong></td>
<td><strong>Mixed Grill</strong></td>
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<tr>
<td>Nacho Bar</td>
<td><strong>French Fried Potatoes</strong></td>
<td><strong>Roasted Zucchini &amp; Eggplant</strong></td>
<td><strong>Salad Bar</strong></td>
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<td><strong>Grill</strong></td>
<td><strong>Salad Bar</strong></td>
<td><strong>Chef'S Table - Belgium - Bacon Sausage Mash</strong></td>
<td><strong>Salad Bar</strong></td>
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### Notes:
- **Salad Bar:** Salad Bar
- **Chef'S Table Mto:** Made To Order Deli Core
- **Mto - Bacon To Order:** Omelet Bar
- **Bakery:** Breadsticks
- **Peripherals:** Miscellaneous/Peripheral s
- **Lunch:** Pizza/Pasta
- **Breakfast:** Hot Cereal
- **Italian Station:** Whole Wheat Penne
- **Week at a Glance:**

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**Unit Number/Name:** 94206001 - PLYMOUTH STATE UNIV. PROSPECT

**Menu Date:** 11/26/2017 - 11/30/2017
Week at a Glance

Unit Number/Name: 94206001 - PLYMOUTH STATE UNIV. PROSPECT
Subsection: RESIDENT DINING
Menu Date: 11/26/2017 - 11/30/2017

11/26/2017
Sunday

Dinner
- Vegetarian Hot
  - Aztec Burger
  - Broccoli With Garlic & Lemon
  - Orzo With Eggplant & Red Pepper
  - Manicotti With Marinara Sauce
- Vegetarian Mto - Tempeh Recipe
- Tempeh

Vegetarian Cold
- Grilled Pita
- Hummus
- Tabouleh Salad
- Artichoke Hearts With Italian Parsley
- Beans, Tomatoes & Peppers Snack Pot
- Citrus Spiced Lentil Salads

Dessert
- Strawberry Cloud Layer Cake
- Cherry Pie

Peripherals
- Miscellaneous/Peripheral

Lunch
- International - - Crepe Bar
  - Caramelized Apple
  - Walnut Crepe Nutella Spread
  - Chef'S Table - France - Warm Syrup For Dipping
    - Monte Cristo Sandwich
    - Home Fried Potatoes
- Soups
  - Creamy Cheddar Broccoli Soup
  - Chicken Orzo & Sage Soup
  - Daily Dish
    - Chicken Parmesan Sandwich
    - Cauliflower
    - Marinara Sauce
    - Watermelon
    - Fried Sweet Potatoes
- Deli
  - Made To Order Deli Bar
  - Chef'S Theme - Chipotle Nacho Bar - Melted Under Broiler
    - Burrito Bar
    - Cheese Sauce
  - Grill
    - Fresh Quarter Pound Cheeseburger
    - Shoestring French Fries
  - Vegetarian Hot - Add Curry To Recipe/ Warm Naan Wedges
    - Chickpea Stew (Chana Masala)
    - Basmati Rice
    - Naan Bread
    - Indian Spiced Roast Vegetables
    - Bulgur & Lentil Pilaf

11/27/2017
Monday

Lunch
- Soups
  - Spanish Chorizo & White Bean Soup
  - Daily Dish
    - Pulled Pork Bbq Sandwich
    - Oven Roasted Potato Wedges
    - Bbq Sauce
    - Cole Slaw
    - Corn Fritter
    - Cajun Roasted Vegetables
  - Deli
    - Made To Order Deli Bar
  - Grill
    - Philly Steak & Cheese Sandwich
    - French Fried Potatoes
  - Chef'S Theme - Pasta Bakes
    - Rotini Pasta
    - Whole Wheat Penne
    - Herb Seasoned Breadsticks
    - Spaghetti Sauce With Tomato Bits
    - Pesto Cream Sauce
    - Andouille Sausage, Cooked
  - Vegetarian Hot
    - Hawaiian Vegetarian Stir Fry & Rice
    - Tropical Mojito Fruit Salad
    - Pineapple Upside Down Cake
    - Sweet & Sour Tofu
    - Vegetable Potstickers
  - Vegetarian Mto
    - Vegetable & Cheese Quesadilla

11/28/2017
Tuesday

Lunch
- Chef'S Table - Colombia Passion Fruit Chicken W/ Side Salad
  - Marinated Chicken Breast
  - Soups
  - Chicken And Corn Chowder
  - Mediterranean Lentil Soup (Mindful)
  - Daily Dish
    - Chicken Caesar Wraps
    - Roasted Vegetable Caesar Wrap
  - Deli
    - Made To Order Deli Bar
  - Grill
    - Made To Order Deli Bar
  - Chef'S Theme
    - Sausage Sandwich & Peppers & Onions
    - Grilled Kielbasa With Peppers & Onions
  - Grill
    - Fresh Fried Potatoes
    - Fresh Quarter Pound Hamburger
- Vegetarian Hot
  - Stuffed Poblano Pepper Enchilada Sauce
  - Roasted Butternut Squash
  - Bulgur Pilaf With Lentils
- Vegetarian Mto
  - Omelet Bar
- Vegetarian Cold
  - Hummus
  - Tabouleh Salad
  - Grilled Pita
  - Arabic Cucumber Salad
  - Salad
  - Cranberry Sauce
  - Vegetables
  - Tuscan White Bean Salad

11/29/2017
Wednesday

Lunch
- Soups
  - Cabbage And White Bean Soup
  - Daily Dish
    - International - Japan - Mike'S Sushi Setup
    - California Roll With Wasabi
  - Chef'S Table - Ichiban Teriyaki Steak Flatbread Sandwich
  - Daily Dish - Bread/Spread Setup ** Need Signs Allergens
    - Thai Bbq Chicken
    - Stir Fried Cabbage W/ Red Peppers & Peas
    - Thai Fried Rice Breadsticks
  - Fresh Broccoli Florets
  - Deli
    - Made To Order Deli Bar
  - Chef Theme Station - Chipotle Setup
  - Teriyaki Steak Flatbread Sandwich
  - Grilled Flank Steak Flatbread
  - Daily Dish - Bread/Spread Setup ** Need Signs Allergens
  - Thai Bbq Chicken
  - Stir Fried Cabbage W/ Red Peppers & Peas
  - Thai Fried Rice Breadsticks
  - Fresh Broccoli Florets
  - Deli
    - Made To Order Deli Bar
  - Chef Theme Station - Chipotle Setup
  - Grilled Flatbread Sandwich
  - Daily Dish - Bread/Spread Setup ** Need Signs Allergens
  - Thai Bbq Chicken
  - Stir Fried Cabbage W/ Red Peppers & Peas
  - Thai Fried Rice Breadsticks
  - Fresh Broccoli Florets
  - Deli
    - Made To Order Deli Bar
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<td>Apple Fennel Slaw</td>
<td>Falafel Salad</td>
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<td>Raspberry Almond Bars</td>
<td>Roasted Edamame Salad</td>
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<td>International - Creme Brulee</td>
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<td>International - Mexico -</td>
<td>Chef’S Table - Mexico -</td>
<td>Chef’S Table - France</td>
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<td>Citrus Glazed Salmon</td>
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<td>(Warm) / Guac / Sour Crm</td>
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## Week at a Glance

**Unit Number/Name:** 94206001 - PLYMOUTH STATE UNIV. PROSPECT  
**Subsection:** RESIDENT DINING  
**Menu Date:** 11/26/2017 - 11/30/2017

### Menu Selections

**Dinner**
- **Daily Dish**
  - London Broil
  - Fresh Corn On The Cob
  - Caramelized Leek
  - Mashed Potatoes
  - Bakery Fresh Dinner Roll
  - A-1 Bbq Sauce

- **Deli**
  - Made To Order Deli Bar

- **Grill - Grilled Ultimate**
  - Chicken Sandwich
  - Fresh Cut Idaho French Fried Potatoes
  - Roasted Red Onions
  - Roasted Portobello
  - Bacon Slices
  - Green Leaf Lettuce
  - Sliced Fresh Tomatoes
  - Dill Pickle Chips
  - A-1 Bbq Sauce
  - Scratch Chipotle Bbq Ranch Spread
  - Grilled Chicken

- **Vegetarian Hot**
  - Brown Rice
  - Cauliflower Tofu Curry
  - Roasted Acorn Squash
  - Cannellini Beans W/Tomato & Rosemary

- **Vegetarian Hot - Southwest Tofu Scramble (Recipe)**
  - Scrambled Tofu

- **Vegetarian Cold**
  - Hummus
  - Tabouleh Salad
  - Grilled Pita Chips
  - Green Bean Salad

- **Vegetarian Mto Omelet Bar**
  - Vietnamese Noodle Bowl With Tofu (Bbd)

- **Vegetarian Cold**
  - Grilled Pita Chips
  - Hummus

- **Vegetarian Mto Omelet Bar**
  - Grilled Pita Chips

### Weekly Meal Selections

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<th>Sunday</th>
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- **Chef’s Table - Steak Night!! - Steak Knives**
  - Garlic Mashed Potatoes
  - Sauteed Garlic Mushrooms W/Onion

- **Daily Dish**
  - Honeyed Roast Pork Loin
  - Simple Roasted Sweet Potatoes
  - Warm Cinnamon Applesauce
  - Fresh Green Beans
  - Parsleyed Baby Carrots

- **Deli**
  - Made-To-Order Deli Core

- **Grill - Ult Burger Bar - House Cut Fries 125lb**
  - Fresh Cut Idaho French Fried Potatoes
  - Bacon Slices
  - Sautéed Peppers & Onions

- **Vegetarian Mto Omelet Bar**
  - Vietnamese Noodle Bowl With Tofu (Bbd)

- **Vegetarian Cold**
  - Grilled Pita Chips
  - Hummus

- **Dessert**
  - Double Chocolate Layer Cake
  - German Chocolate Layer Cake

- **Peripherals**
  - Miscellaneous/Peripheral

**Vegetarian Hot**
- Eggplant Rollard W/Wild Mushrooms & Tofu Marinara Sauce Cheese Tortellinis Balsamic Roasted Vegetables

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral

**Vegetarian Cold**
- Grilled Pita Chips
- Hummus

**Dessert**
- Double Chocolate Layer Cake
- German Chocolate Layer Cake

**Peripherals**
- Miscellaneous/Peripheral
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<th>Day</th>
<th>Dinner</th>
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<td>Sweet &amp; Sour Cucumbers W/Fresh Dill</td>
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<td>Parfaits (50)</td>
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<td>Lentil Salad</td>
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<td>Cinnamon Chipotle</td>
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<td>Key Lime Cake</td>
<td>Pumpkin Bread Pudding</td>
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### Week at a Glance

**Unit Number/Name:** 94206001 - PLYMOUTH STATE UNIV. PROSPECT

**Subsection:** RESIDENT DINING

**Menu Date:** 11/26/2017 - 11/30/2017

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