



Summer Clinics 2018 with Sarah Sibley and Todd Gustaitis

Summer clinics led by the Outdoor Center staff at Plymouth State University on Wednesday afternoons. Request more information or to reserve a spot, email us at PSU-OUTDOOR-CENTER@plymouth.edu or give us a call (603)535-2622. Open to students, faculty and staff of Plymouth State.

Please RSVP at least 24 hours in advance to Clinics. If you call after hours please just leave your name, number, what clinic you are interested in we will put you on the list.

SUMMER HOURS: Monday, Wednesday and Friday 10 am to 4 pm all summer long!

CLINIC SCHEDULE:

May 30 - Stand up paddle boarding with Sarah from 12- 1pm. Come learn some basics or improve your existing skills on the Pemi. Meet at the Outdoor Center located in the AllWell North Building. Space is limited so call ahead and be prepared to get wet!

June 6 - Come see what the Outdoor Center has to offer on the Alumni Green (lawn in front of the HUB) with Todd from 11:30 until 1:30 pm. Feel free to show up anytime and walk-ins are always welcome! Todd will also have information on tick safety, what to bring hiking, and how we can Leave No Trace in the back country and he will be able to answer any questions you may have.

June 13 - Stand up paddle boarding with Sarah from 12- 1 pm. Come learn some basics or improve your existing skills on the Pemi. Meet at the Outdoor Center located in the AllWell North Building. Space is limited so call ahead and be prepared to get wet!

June 20 - Learn some basic canoe paddling skills with Todd on the Pemi from 12-1 pm. Meet at the Outdoor Center in the AllWell North Building.

June 27 - Open up your senses in nature with Sarah with some Forest Bathing! This will be held from 12-1 pm and will meet in front of the Langdon Woods dorm building.

July 11 - Come learn the basics about setting up a tarp shelter and the importance of this skill in the back country, and what it can do to improve your campsite. Meet Todd on the Alumni Green (lawn in front of the HUB) from 12-1 pm.

July 18 - Review some basic canoe paddling skills and learn about the T rescue with Todd on the Pemi from 12- 2 pm. Meet at the Outdoor Center in the AllWell North Building. Prepare to get wet!

July 25 - Stand up paddle boarding with Sarah at 12- 1:30 pm. Come learn some basics or improve your existing skills on the Pemi. Meet at the Outdoor Center located in the AllWell North Building. Space is limited so call ahead!

August 8 - Come see what the Outdoor Center has to offer on the Alumni Green with Todd from 11:30 until 1:30 pm. Feel free to show up anytime and walk-ins are always welcome! Todd will also have information on tick safety, what to bring hiking, and how we can Leave No Trace in the back country and he will be able to answer any questions you may have.

August 22 - Stand up paddle boarding with Sarah from 12- 1 pm. Come learn some basics or improve your existing skills on the Pemi. Meet at the Outdoor Center located in the AllWell North Building. Space is limited so call ahead and be prepared to get wet!