This self-assessment form is an important step in preparing you for your internship. The questions included in this form are typical questions that an employer would ask of you at an interview. Be thoughtful, honest, and specific in your responses and give clear examples where asked. Your responses will serve as the basis of discussion at your Intake Interview. Your ability to thoroughly complete this initial step will directly impact your ability to move forward in the internship process.

Based on your past work experience and student involvement, identify the skills and attributes you will contribute to an employer. Provide concrete examples of each.
Reviewing your academic coursework here at PSU, provide comprehensive and accurate examples of areas you feel particularly competent in your abilities.

Under what conditions do you learn best? Work best? (Please answer both)

Thinking ahead to the end of your internship, what would you like to bullet on your new resume about your internship in terms of your aptitudes or skills acquired in this new work experience?