Interests and Passions

Aim of the activity: to encourage learners to think about their interests and passions, and share these with the group.

Begin by talking to the group about their interests and hobbies. What do you enjoy doing in your spare time? Is it something done together or alone? Do families have any shared interests?

Discussion topics:

• Tell us about your interests and hobbies. Can you remember how you first became interested in this hobby?

Bringing in your hobby

Ask everyone in the group (adults and children) to bring in an example of or an object related to their hobby. Each person should show everyone what they have brought in, and explain why.

Alternatively, you could mix objects up on the table and ask people to guess whose object or hobby belongs to whom.

60 second platform

Everyone (who wants to) has 60 seconds to talk to the group about their hobby. They can't repeat, deviate or hesitate. The aim of the time is to 'sell' your hobby to the rest of the group, explain what is so great about it, and encourage others to give it a try.