**Health Education & Promotion**

**NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Minor:**  (30.5-41.5 elective credits)

**Check off what you have taken:**

**1st Year Requirements General Education:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **1ST Year Experience Courses**  **Required** | | **🗹** | **Year 1**  **Major Required Courses** | | **🗹** |
| EN1400 | Composition |  | HE2300 | Principles of Health |  |
| MA­­­­- | Math Foundations  *\*based on your math placement score* |  | HE2900 | Disease, Safety, and Environment |  |
| IS1111 | First Year Seminar |  | BU2450 | Principles of Marketing |  |

|  |  |
| --- | --- |
| **Attribute** | **🗹** |
| Creative Thought Direction |  |
| Past & Present  Direction |  |
| Scientific Inquiry  Direction |  |
| Self & Society  Direction |  |
| 1-2 Additional Directions courses, totaling 20 DI credit |  |
| Global Awareness  Connection |  |

**2nd Year Requirements**

|  |  |  |
| --- | --- | --- |
| **Year 2**  **Major Required Courses** | | **🗹** |
| HE2400 | Physical Activity and Health |  |
| HE3200 | Stress Management |  |
| HE- | Health Promotion- complete 1 course |  |
| HE3220 | Applied Nutrition for Healthy Living |  |

Make sure you have at least 15 credits (5 courses min).

To complete a full schedule fill in with:

General Education Courses (Directions or Connections)

Minor courses

Other courses of interest

**SCHEDULE WORKSHEET**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Course #** | ***Gen***  ***Ed*** | **TITLE** | **Cr.** | **CRN** | **Days** | **Times** |
| 1 |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**PIN#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Registration Date: \_\_\_\_\_\_at 9:00AM**





